

15. A method according to claim 10 wherein said concentration of said iota-carrageenan is in the range of 250 to 450 parts per million.

16. A method according to claim 15 wherein said concentration of said iota-carrageenan is in the range of 300 to 350 parts per million.

17. A liquid nutritional composition according to claim 1 wherein said fat globules are present at a concentration of about 32% by weight.

18. A liquid nutritional composition according to claim 1 wherein said liquid nutritional composition has a caloric content in the range of from about 530 calories per liter to about 1,500 calories per liter.

19. A liquid nutritional composition according to claim 1 wherein said liquid nutritional composition has a caloric distribution of about 14.7% protein, 32% fat, and 53.3% carbohydrate.

20. A liquid nutritional composition comprising:

- (a) a liquid nutritional mixture containing fat globules present at a concentration sufficient to have said liquid nutritional mixture be susceptible to creaming, containing suspended minerals, containing total solids, including said suspended minerals, in the range of from about 11.88% to about 30% by

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weight, and having a caloric content from about 530 to about 1,500 calories per liter; and

- (b) iota-carrageenan present in said liquid nutritional composition at a concentration in the range of 50 to 1000 parts per million, wherein said liquid nutritional composition is essentially devoid of creaming, sagging, and sedimentation.

21. A liquid nutritional composition comprising:

- (a) a liquid nutritional mixture containing fat globules present at a concentration sufficient to have said liquid nutritional mixture be susceptible to creaming, containing suspended minerals, containing total solids, including said suspended minerals, in the range of from about 11.88% to about 30% by weight, having a caloric content from about 530 to about 1,500 calories per liter, and having a caloric distribution of 14.7% protein, 32% fat, and 53.3% carbohydrate; and

- (b) iota-carrageenan present in said liquid nutritional composition at a concentration in the range of 50 to 1000 parts per million, wherein said liquid nutritional composition is essentially devoid of creaming, sagging, and sedimentation.

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